

Sample Interview Questions

To help prepare for your Health Coach interview, here are some sample questions you might be asked:

General Behavioral Interview Questions

- Tell me about yourself.
- Who or what has had the greatest influence on the development of your career interests?
- How have your educational and work experiences prepared you for this position?
- What factors did you consider in choosing your major?
- Why are you interested in being a Health Coach?
- What kind of work do you like to do?
- What is your GPA? Does your GPA reflect your ability?
- What goals have you set for yourself? How do you plan to achieve them?
- Tell me how you perceive your strengths? Weaknesses?
- What work experience has been the most valuable to you and why?
- What has been your greatest challenge?
- What were the biggest problems you encountered in college? How did you handle them? What did you learn?
- How do you think you have changed personally since you started college?
- Why did you choose the extracurricular activities that you did? What did you gain? What did you contribute?
- What was the most useful criticism you received and who was it from?
- Give me an example of a problem you solved and the process you used.
- What one academic course has had the greatest impact on you and why?
- Give examples of your “team player” qualities.
- What types of situations put you under pressure and how do you deal with pressure?
- What two or three accomplishments have given you the most satisfaction?
- What challenges are you looking for in a position?
- What do we need to know about you that has not been covered?
- Why should we select you?

Motivation

- Give me an example of a time when you went above and beyond the call of duty.
- Describe a situation when you were able to have a positive influence on the action of others.

Communication

- Tell me about a situation when you had to speak up (be assertive) in order to get a point across that was important to you.

Interpersonal Skills

- What have you done in the past to contribute toward a teamwork environment?

Planning and Organization

- How do you decide what gets top priority when scheduling your time?
- What do you do when your schedule is suddenly interrupted? Give an example.
- Tell me about a time when you made personal sacrifices to meet the demands of a job, school task, etc.

Career Ambition

- What do you like to do at work, dislike doing, and why?
- All jobs, including this one have satisfying/dissatisfying aspects. Based on your understanding of the position, what would you find satisfying and dissatisfying?

Learning On The Fly

- What's your tolerance for routine and task repetition?

Patience

- How do you react when your patience is really tested?

Team

- Tell me a story that would help me better understand what kind of team player you are.
- Tell me about a time when developing good working relationships in your own work or study group was critical for success. What did you do? What happened?